



# **LIFE AT SSCN**

**A BROCHURE FOR CADETS AND THEIR PARENTS**



## SAINIK SCHOOL CHANDRAPUR ON MAP



Closest Railway station – Ballarshah

Closest Airport - Nagpur



## **SSCN at a Glance**

1. Sainik School Chandrapur is an Educational Institute which dedicatedly work towards transforming the lives of Cadets through Educational Enlightenment, Wisdom of Overall Knowledge, Virtues and Holistic Wellness. Founded in 2019, the institution is constituted under Sainik School Society, Ministry of Defence, Govt. of India. The objective of this school is to impart academic training of highest quality, enable cadets to achieve requisite physical and endurance standards, proficiency in team games; endeavour will be to inculcate a desire for self-improvement and drive to excel in every sphere.



## **Code of conduct and Discipline**

2. **Cadet's Honour Code.** "As a cadet of the Sainik School Chandrapur, I shall abide by the Core Values of '**Loyalty, Integrity, Fighting Spirit, and Example**' and act with their essential principles. I will disseminate respect for others with the highest standards of moral and ethical values. I shall not lie, cheat, steal or slander nor tolerate those who do. I shall not engage in any activity that will unfairly improve my results or dishonestly improve or hurt the results of others in all aspects of my education and training at school and I shall be bound to report any breach that comes to my attention. I shall be aware that if I were to become a party to any honour violation, by inaction or as such, I shall find myself as guilty as the original violator. I have sworn to do the 'right thing', always, and live with honour, courage and commitment to my studies and work."



3. The following are the fundamentals of Honour Code: -

(a) Honour. A cadet abides by the Honour Code in respect of 'honour' through a compelling moral motivation to do the right thing at the right time. A failure to adhere to his/ her own sense of honour is the wellspring of guilt and the source of shame. An ancient virtue and the very soul of officer ship, honour involves a conscious concept of high ethical conduct, moral behaviour, honesty, integrity and trust.

(b) Honesty. A cadet abides by the Honour Code in respect of 'honesty' by being upright, righteous, telling the truth and not hiding the truth. A cadet is to be fair and straightforward in his conduct at all times.

(c) Integrity. A cadet abides by the Honour Code in respect of 'integrity' by not being marred or violated in his conduct; by always taking full responsibility and being upright in his actions.

(d) Respect. A cadet abides by the Honour Code in respect of 'respect' by refraining from harming, damaging, insulting or interfering with something or somebody.

(e) Moral. A cadet abides by the Honour Code in respect of being 'moral' by holding or manifesting high principles for proper conduct and principles of right and wrong behaviour.

(f) Ethical. A cadet abides by the Honour Code in respect of being 'ethical' by acting in accordance with the rules or standards for right conduct or practice of training.

(g) Lying. A cadet violates the Honour Code in respect of 'lying' if he says or writes an intentional false statement.

(h) Cheat. A cadet violates the Honour Code in respect of 'cheating' by acting fraudulently, practicing deception or playing unfairly in order to gain an advantage especially in a game, a competition, an exam, tests etc.

(j) Steal. A cadet violates the Honour Code in respect of 'stealing' by taking away dishonestly or illegally something from a person, shop etc without permission and with no intention of returning the said item.



(k) **Slander**. A cadet violates the Honour Code in respect of 'slandering' if he makes a false, defamatory or malicious statement orally, intended to damage the good opinion people have of somebody or something.

(l) **Tolerate**. A cadet violates the Honour Code in respect of 'tolerating' if he allows existence, occurrence or practice of some act without authoritative interference.

(m) **Breach**. A cadet violates the Honour Code in respect of 'breaching' by breaking or neglect of any agreement, rule or law of the school.

(p) **Commitment**. A cadet abides by the Honour Code in respect of 'commitment' by possessing the trait of sincerity and fixity of purpose.

4. **Cadet's Code of Conduct**. Being Sainik School, code of conduct of each and every cadet is paramount at this school to ensure immaculate discipline. Violation of Code of Conduct can lead to punitive action including suspension and withdrawal from school. The following outlays the basic code of conduct of all cadets of SS Chandrapur.

(a) **Missing from Parade**. All classes including PT/ drill and all muster reporting are treated as Parade. Cadets will always be present at the place of parade 10 minutes before the appointed time. Late coming or missing from parade is a severe act of indiscipline. **Not reporting from leave/ vacation** at promulgated date without prior leave approval will also be treated as missing from parade.

(b) **Disobedience**. All cadets at all times are to obey each and every order/ guidance given by their instructors, which constitute masters, class teacher, subject master, PTI, drill instructor etc. Any case of disobedience will be dealt with disciplinary action.

(c) **Turn out**. Cadets will wear black pants, white shirts with school tie while going on out pass. Cadets should be well turned-out during training hours and while proceeding on out pass. Cadets must take pride in dressing up smartly especially when they step outside dormitories. Sandals will not be worn during parade hours. Medically excused cadets are permitted to wear sandals.



- (d) **Not Abiding by Honour code.** Cadet to follow Honour Code as detailed in Paras 6-8 above. Any violation of the fundamentals of the code will attract punitive action.
- (e) **Possession of Identity Cards.** All Cadets should be in possession of School Identity Cards and they should carry them while going on out pass. The loss of I.D Card should be reported to the Admin Officer through House Masters.
- (f) **Movement of Cadets.** Cadets will move in proper squad to the Academic block for classes and studies and to the parade ground for all the parades.
- (g) **Visit to Dormitories/ Mess.** Visit of Cadets to the Dormitories and mess area during schedules PT/ Parade/ Games/ Class hours/ without permission is strictly forbidden and will be viewed seriously.
- (h) **Incurring of Debts.** Cadets will not incur any debts what so ever while undergoing training in the school.
- (j) **Money Transaction.** No money transaction of any kind will take place between cadets and members of the school staff.
- (k) **Gambling.** All forms of gambling are forbidden. Playing cards is also not permitted.
- (l) **Smoking, Drinking and Narcotics.** Smoking, consumption of liquor and other contraband substances by cadets is forbidden. Cadets found smoking, drinking, and consumption of contraband narcotic substances or in possession of such material will be severely dealt with and could lead to immediate withdrawal of cadet from school.
- (m) **Driving of Vehicles by Cadets.** Cadets are not permitted to drive private Car/ motor cycles/ scooters or any other vehicles inside the school campus or outside of it while on out pass.
- (n) **Ragging/ Bullying.** There will be no ragging or bullying of any cadet in any form. Any violation of this order will be severely dealt with and could lead to immediate withdrawal of cadet from school, apart from the legal repercussions as per prevalent central/ state laws.



(p) **Corporal Punishment.** No senior cadet including the appointments will give corporal punishments to juniors. Manhandling is strictly prohibited and banned.

(q) **Personal Work by Junior Cadets.** Junior cadets will not be asked to do any personal work of Senior Cadets such as polishing shoes, washing clothes etc.

(r) **Possession of valuables:** No cadet is permitted to keep in possession any valuables, cash of more than Rs 50/- and those shall be deposited in the bank in their own accounts or with their respective House Masters.

(s) **Out of bound areas.** No cadet are to venture into any out of bounds area so marked for cadets. Under specific circumstances and occasions, with express approval of Principal, cadets may be allowed to visit such areas for the intended purpose. The areas marked as Out of Bounds for cadets are as follows:-

- (i) All staff quarters.
- (ii) Residential area premises.
- (iii) Swimming, diving pool area, equitation training area and sports field, except when during earmarked training period as promulgated through academic programme calendar.
- (iv) Terrace area of all building at all times.
- (v) All electrical Sub-Stations and Pump houses.
- (vi) Outside of dormitory area during promulgated silent hours.
- (vii) Outside of school campus without prior permission and without valid out pass.

(t) **Gifts.** Cadets or their parents are not allowed bring any gift for their fellow cadets, members of the Staff and Officers.



## **Dress Regulation**

5. The school follows strict dress regulations in accordance with military grooming. All cadets of SSCN are expected to be well dressed and in the correct uniform at all times. The various uniforms that are required for cadets at the school are enumerated below.

<b>Academic Dress Summer</b>	 A full-body photograph of a male cadet in a light brown military-style uniform, including a beret, a short-sleeved shirt, and trousers.
<b>Academic Dress Winter</b>	 A full-body photograph of a male cadet in a dark brown military-style uniform, including a beret, a long-sleeved shirt, and trousers.
<b>Academic Dress Summer (Mufti)</b>	 A full-body photograph of a male cadet in a white long-sleeved shirt, a patterned tie, and dark trousers.





**Academic Dress Winter (Mufti)**



**Dinner/ Mess/ Guest Night Dress**



**PT Dress Summer**



**PT/ Sports Dress Winter**





**Sports Dress Summer**  
**(Colour of T Shirt depends on the house allotted)**



### **Hostel Accommodation**

6. Being a residential school, all cadets are to be compulsory staying in school hostel and no day-scholars would be permitted. Boys and girls would be accommodated in separate hostels. The entire cadet strength of school is divided into six houses, as below.

Arjan	Senior Houses (classes VIII to XII)	
Cariappa		
Manekshaw		
Shivaji		
Tilak	Junior Houses (Classes VI & VII)	
Khandekiya		



Boys' Hostel



Girls' Hostel

*This hostel is temporary at present. Construction of new Girls' Hostel is ongoing.*

### **Cadets' Mess**

7. The School operates a Cadets' Mess that provide dining facility to all cadets. The mess provides to the cadets well-balanced, and nourishing diet. The cadets are served three meals a day in addition to milk in the morning and tea & snacks in the



forenoon and afternoon. The menu invariably includes fresh fruit, milk, butter, jam, eggs, cereals, vegetables and meat/fish/chicken. The menu is revised fortnightly to bring in changes as per need of the cadets. Mess also cater for separate arrangement for vegetarians and non-vegetarians. In addition to daily menu, in order to support the health and growth of our cadets, the school issues limited and approved quantity of dry fruits every month to each cadet on voluntary basis. This ensures that cadets receive essential nutrients necessary during their growing years.






## **Cadets' Communication Facility**

8. The school has partnered with SPACS Telecom Solutions to provide a reliable calling service for cadets, allowing them to stay connected with their families and call back home as needed. Fixed talk time of 100 minutes is allotted to all cadets monthly and cadets can avail this talk time on specific days of the week. Only outgoing and no incoming calling facility is allowed on the system.

## **Sports Facilities**

9. The school has state-of-art indoor and outdoor sports facilities. The various facilities are given below:-

Football Field (2)	
Volleyball Court (3) – Outdoor	
Volleyball Court (1) - Indoor	
Basketball Court (2)	
Track and Field	
Tennis Court (2)	



Swimming Pool



Obstacle Course



Horse Riding Arena



Indoor  
Mountaineering

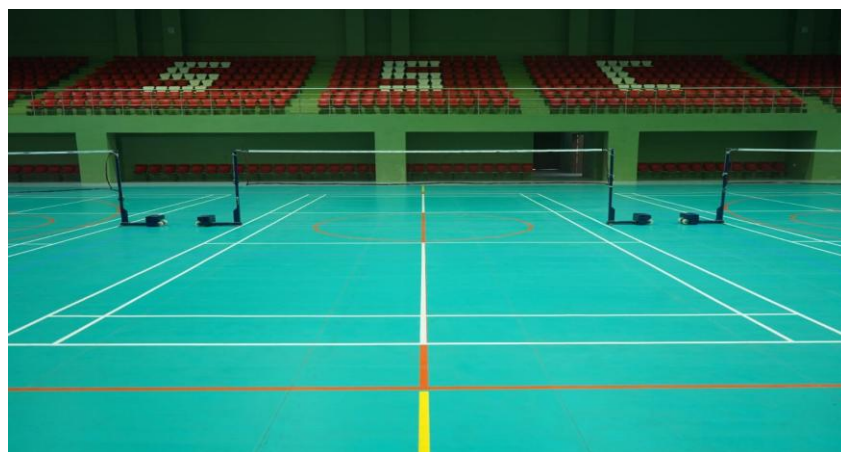




Table Tennis



Badminton Court



### **NCC Training**

10. NCC (National Cadet Corps) training is mandatory for all cadets at Sainik School Chandrapur. This training instills military discipline and routine, equipping cadets with valuable skills. Upon completion of the program, in class XII all cadets are awarded the prestigious B Certificate of NCC.

### **Medical Facility**

11. The school has a dedicated Medical Inspection (MI) room with all required basic amenities. A regular full-time Nursing Assistant and a part-time adhoc Nursing Assistant are available here. All medical issues, irrespective of its nature are treated at the facility 24x7. In addition, school maintains liaison with the District Medical



Centre (DMC), Chandrapur for all required consultation by specialist doctors. The specialist doctors also visit school for regular check-ups as per weekly schedule below.

<b><u>Ser</u></b>	<b><u>Specialist Doctor</u></b>	<b><u>Visit Days</u></b>
(a)	General Physician	Mon, Wed, Thu, Sat
(b)	Paediatrician	Thu, Sat
(c)	Orthopaedic	Thu
(d)	Dermatologist	Sat
(e)	Ophthalmicist	Sat

### **Hair Cut & Grooming**

12. Military bearing is an important trait that is taught at the school to all cadets. To have an astute military bearing, personal grooming is essential. Through customised lectures conducted by subject experts, all cadets are taught the essentials of personal grooming and hygiene. Promulgated measures are in place to check this continuously. A proper hair cut is crucial for a well-groomed look. The following practices are followed in case of hair grooming at the school.

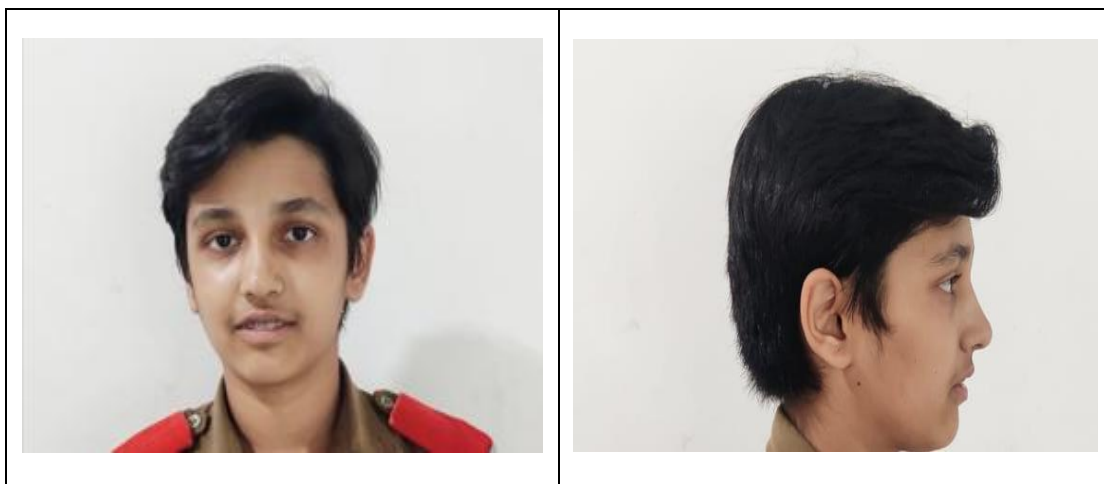
- (a) **Male Cadets.** Crew cut is compulsory for all boys with zero pattern on the sides and back. The hair at the top should not be more than 2cm so as to cause any interference with wearing of head gear. The cut on the back of head should be naturally groomed without being round or straight.







(b) **Female Cadets.** Women crew cut for all girls with the hair to be of sufficient length to prevent scalp from being visible. The length of the hair at the frontal shall not be more than 5cm.



### **Banned Items**

13. In order to ensure proper discipline befitting the standards of Sainik School, certain items are banned inside school campus. Cadets are not allowed to bring the following items whilst joining school or whilst returning back from vacation.

- (a) Cellphones/ Mobile phones/ Tablets / Laptops.
- (b) Electronic data storage devices like pen-drives, USB drives, Hard Disks etc.
- (c) Portable electronic speakers including headsets.
- (d) Any personal sports kit like rackets, archery kit etc.
- (e) Narcotic substances like pan, drugs, liquor etc.
- (f) Liquid cash
- (g) Perishable food items.



## **Responsibilities of Parent**

14. The school can function effectively only with the active support of parents. Parents act as the continuous motivator and guidance pillars for the school to progress towards its intended vision and attain efficient in the field. Towards this every parent needs to act responsibly and accordingly adhere to certain school guidelines as stated below.

- (a) School is required to have an open line of communication with Parents. Towards this all Parents are to update their mobile numbers and email IDs with school administration. Any changes are to be brought to the notice of school immediately.
- (b) Parents are to be compulsorily inform school in case their ward is **undergoing any courses of medicine or he/she is allergic to any drug/ medicine**. No medicine of any kind would be handed over to the cadet without permission of school authorities.
- (c) Parents would be required to visit school whenever required by the school, especially in handling of indiscipline cases.
- (d) Parents would be permitted to meet class teachers/ house masters only during scheduled PTM days. However, in extreme circumstances, permission may be granted on other days depending on schedule of school. For all such visits to school other than PTM/Outpass day, prior permission needs to be sought from the school. Under no circumstances Parent will make unscheduled visits to school.
- (e) All types of **food items from outside are PROHIBITED** inside school premises. Parents are to refrain from giving any food item to cadet for carrying inside premises.
- (f) Parents are to ensure that their wards utilise vacation period for studies also, in order to complete their holiday HWs.
- (g) Parents are requested to send their wards back to school after vacations on scheduled date and time. All late reporters would be penalised as per school orders.



(h) Parents are to ensure that fees due to school every year are remitted before the promulgated due date. Fee defaulters would be dealt with in accordance with provisions elucidated in Sainik Schools Society Rules & Regulations 1997.

(j) Use of **mobile phones, electrical appliances and other electronic gadgets are STRICTLY PROHIBITED** inside the school campus. In case any cadet is found in possession of such items, appropriate penal action would be taken as per school orders.

(k) Due to cadet's being busy in their daily schedule it is not possible for parents to communicate with their wards, except on promulgated days through SPACS system. Under any circumstances Parents are to refrain from calling house masters or ward boys/ wardens with request to talk to their child. Under extreme circumstances or emergencies school will facilitate necessary communication between Parent and child.

(l) Parents are not to give any kind of cash to the cadets. In case of loss of such cash, school will not be held responsible.

(m) **Outpass.** Parents can meet their wards and avail outpass on every third Sunday on month from 9am to 5pm. Parents are to be drop their wards back to school after completion of outpass and under no circumstances are to default this. School reserves right to cancel outpass due to certain circumstances like urgent school events, indiscipline cases of cadets etc. Night outpasses would not be allowed.

(n) **Leave.** No leave will be sanctioned other than authorised school vacation and in case of emergencies. Cadets who are weak in academics and also failing in mandatory outdoor tests will not be permitted to avail leave. No leave will be granted for occasions such as religious events, festivals, tourism, exams and other personal reasons. The following constitute as grounds for emergency in case of cadets' leave:-

(i) **Medical Leave.** Medical leave would be granted if cadet is suffering from a condition that requires him/her to stay at home, as per advice given by school medical officer or nursing assistant.

(ii) **Death of a close family member.** Cadet may be granted leave in case of death of a close family member.



- (iii) Marriage. Cadet may be granted leave on occasions of own brother/ sister, but only for direct brother/sister.
- (iv) Extreme compassionate grounds. Cadet may be granted leave on extreme compassionate grounds at the discretion of Principal.
- (p) Parents are to refrain from visiting school for celebration of their ward's birthday or any other festival.
- (q) Parents are to refrain from making unnecessary calls to school authorities including teachers, house master etc. The direct line of communication would be through school app or email. Under no circumstance, Parent is to enter into dialogue with any ward boys or wardens or any other non-teaching staff. All genuine requests coming through the promulgated channel would be made possible to the extent feasible.
- (r) Parents are advised to refrain from unnecessary interventions in school's administration. All concerns to be routed through the elected Parent Member.
- (s) All Parents should keep this advisory with them at all times and adhere to same in order to maintain proper discipline at the school.

### **Parent Association**

15. In accordance with Rule 17.17 of Sainik School Society (SSS) Rules & Regulations (R&R), the school will have a parent association. The purpose of the association is to promote healthy exchange of views on the progress of students in the school. A parent would be nominated from the association as Parent Member of LBA through a election process conducted during PTM. The suggestions of parents will be referred to school administration through the Parent Member. The purpose of formation of Parent Association is not to promote lengthy correspondence between association and school. The elected member is expected to take into consideration the implications of each suggestion before bringing it to the notice of Principal or LBA.



16. As per Rule 2.15 of SSS R&R and directive by Chairman, LBA, to be eligible for election as a parent member in LBA, the parent should fulfil the following conditions:-

- (a) His/ her son should have been in the school as a boarder for minimum of two years prior to his/ her election and should have at least one more year of study in the school after election.
- (b) He/ She should not have been a defaulter in payment of school dues.
- (c) He/ She should reside within 500km of school campus.
- (d) He/ She should not have any past disciplinary violation of school norms and should not have any related warning letters in their name.